

FIBROID HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name (Last, First, M.I.):			DOB:				
Marital status:	□ Married	□ Separated □ Di	ivorced	□ Widowed			
How did you hear about us? 🗆 🗅	r. Referred	☐ Internet ☐ Radio ☐	Family/Frie	end 🗅 Other			
Referring doctor:		Gynecologist:					
Pharmacy:		Pharmacy Phone Nu	mber:				
HISTORY OF PRESENT ILLNESS:	(check all	that apply)					
Reason for office visit (primary probl	em):						
Heavy menstrual cycles	☐ Floo	ding or gushing	ng large clots				
CYCLES: Regular	Irregular L	ength: Days	Tampons	/ Pads per day:			
Pelvic pain		Cramps	Durir	ng cycle 🔲 Daily			
Pelvic pressure		Diagnosed with anen	nia				
☐ Increased urinary frequency		Prior iron therapy	Prior iron therapy				
Urinating at night		Prior blood transfusion	on				
Painful sexual intercourse		Feel tired, weak, or l	ethargic				
Constipation		Experience lighthead	edness or	dizziness			
Leg pain or swelling		Suffer from migraine headaches					
☐ Increased abdominal girth		Hair loss or brittle hair					
Low back pain	ack pain Crave or chew ice						
PRIOR TREATMENT FOR UTERINE FIBROIDS: (check all that apply)							
☐ None	Myome	ectomy		Laparoscopy			
Hysteroscopy	Prior U	r UFE / UAE		Birth control pills			
☐ IUD	Lupror	n Date: Depo-Provera					
FERTILITY HISTORY							
Pregnancies	s	Abo	abortions				
Last Pap Smear:	☐ Norma	ıl		Abnormal			
Endometrial Biopsy:	☐ Norma	ıl		Abnormal			
Date of Last GYN Exam:	Norma	il		Abnormal			
Planning Future Pregnancy:	☐ Undec	ided		Yes No			



MEDICAL HISTORY	
COPD	☐ Cancer ☐ Heart Disease
Peripheral Arterial Disease	Hepatitis Blood Clot / DVT
Diabetes	☐ Kidney Disease ☐ Pulmonary Embolus
☐ Migraine Headaches	☐ Blood Clotting Disorder ☐ HIV / AIDS
☐ High Blood Pressure	Sexually Transmitted Disease Other:
Surgeries	
Year Operation	Hospital
FAMILY HISTORY:	
MEDICATIONS:	
MEDICATION ALLERGIES:	☐ No Known Drug Allergies ☐ IV Contrast Allergy
SOCIAL HISTORY	
Do you smoke	☐ Yes ☐ No
Former smoker?	☐ Yes ☐ No
If former smoker:	Years smoked? Year Quit?
Packs per day?	□ 0 □ <1 □ 1 - 2 □ 2 - 3 □ > 3
Alcoholic drinks per day?	□ 0 □ 1 - 2 □ 2 - 3 □ 3 - 4 □ > 4
Occupation:	



CURRENT SYMPTOMS

GENERAL G		GAS	ASTROINTESTINAL		NEUROLOGIC			
	Fatigue		Abdominal Pain		Restless Legs			
	Fever		Constipation		Numbness or Tingling			
	Weight Loss		Diarrhea		Headaches (Migraines)			
	Weight Gain		Nausea and Vomiting		Dizziness / Lightheaded			
EYE	3	GENI	TOURINARY		Difficulty Walking			
	Change in Vision		Increased Urination	PSYC	CHIATRIC			
	Double Vision		Urinating at Night		Depression			
	Pain		Bloody Urine		Anxiety			
EAR	S, NOSE, THROAT		Pelvic Pain		Irritability			
	Hearing Loss		Heavy Periods		Thoughts of Suicide			
	Ear Pain	MUS	CULOSKELETAL	END	OCRINE			
	Nose Bleeds		Leg Pain		Frequent Thirst			
	Sore Throat		Leg Swelling		Frequent Urination			
CAR	DIOVASCULAR		Back Pain		Brittle Hair			
	Chest Pain	SKIN			Crave Ice			
	Palpitaions		Wounds on Feet		Hair Loss			
	Prior DVT (Blood Clot)	Skin Changes		OTHER				
	Heart Defect		Skin Rashes or Itching					
RESPIRATORY HEMATOLOGIC								
	Shortness of Breath		Easy Bleeding					
	Cough		Easy Bleeding					
	Wheezing		Blood Clots					



Listed below are symptoms experienced by women who have uterine fibroids. Please consider each symptom as it relates to your uterine fibroids or menstrual cycle. Each question asks how much distress you have experienced from each symptom during the previous 3 months. There are no right or wrong answers. Please be sure to answer every question by checking the most appropriate box. If a question does not apply to you, please mark "not at all" as a response.

During the previous 3 months, how distressed were you by:	Not at all	A little bit	Some- what	A great deal	A very great deal
Heavy bleeding during your menstrual period	1	2	3	4	5
Passing blood clots during your menstrual period	1		3	4	5
Fluctuation in the duration of your menstrual period compared to your previous cycle					5
Fluctuation in the length of your monthly cycle compared to your previous cycles			3		5
Feeling tightness or pressure in your pelvic area			3		5
Frequent urination during the daytime hours			3		5
7. Frequent nighttime urination	1		3	4	5
8. Feeling fatigued	1		3	4	5

The following questions ask about your feelings and experiences regarding the impact of uterine fibroid symptoms on your life. Please consider each question as it relates to your experiences with uterine fibroids during the previous 3 months. There are no right or wrong answers. Please be sure to answer every question by checking the most appropriate box. If the question does not apply to you, please check "none of the time" as your option.

During the previous 3 months, how often have your symptoms related to uterine fibroids:	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Made you feel anxious about the unpredictable onset or duration of your periods?	1	2		4	5
10. Made you anxious about traveling?	1	2	3	4	5
11. Interfered with your physical activities?	1	2	3	4	5
12. Cause your to feel worn out?		2		4	5
13. Made you decrease the amount of time you spent on exercise or other physical activities?					5
14. Made you feel as if you are not in control of your life?	1		3	4	5
15. Made you concerned about soiling underclothes?	1				5
16. Made you feel less productive?	1		3	4	5



During the previous 3 months, how often have your symptoms related to uterine fibroids:	None of the time	A little of the time	Some of the time	Most of the time	All of the time
17. Caused you to feel drowsy or sleepy during the day?	1		3	4	5
18. Made you feel self-conscious of weight gain?			3		5
19. Made you feel that it was difficult to carry out your usual activities?	1		3		5
20. Interfered with your social activities?	1	2	3	4	5
21. Made you feel self-conscious about the size and appearance of your stomach?	1		3		5
22. Made you concerned about soiling bed linen?					5
23. Made you feel sad, discouraged, or hopeless?			3		5
24. Made you feel down-hearted and blue?		2	3	4	5
25. Made you feel wiped out?		2	3	4	5
26. Caused you to be concerned or worried about your health?	1	2	3	4	5
27. Caused you to plan activities more carefully?	1	2	3	4	5
28. Made you feel inconvenienced about always carrying extra pads, tampons, and clothing to avoid accidents?	1	2	3	4	5
29. Caused you embarrassment?	1		3		5
30. Made you feel uncertain about your future?	1	2	3	4	5
31. Made you feel irritable?	1	2	3		5
32. Made you concerned about soiling outer clothes?	1	2	3	4	5
33. Affected the size of clothing you wear during your periods?	1	2	Э	4	5
34. Made you feel that you are not in control of your health?	1	2	Э	4	5
35. Made you feel weak as if energy was drained from your body?	1	2	3	4	5
36. Diminished your sexual desire?	1	2	3	4	5
37. Caused you to avoid sexual relations?		2	3	4	5